



A STEP-BY-STEP GUIDE FOR Removing Blood From Clothes

WHAT YOU'LL NEED



SPONGE



WHITE
VINEGAR

◀ OR ▶



HYDROGEN
PEROXIDE



LAUNDRY
DETERGENT



COLOR-SAFE
BLEACH



STAIN
REMOVER

WHAT TO DO



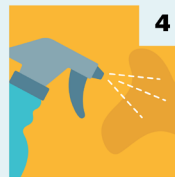
1 Rinse the stain.



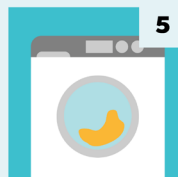
2 Cover with white vinegar or hydrogen peroxide.



3 Blot with sponge.



4 Use a stain remover for stubborn spots.



5 Wash in cold water with detergent and bleach.



6 Repeat, if necessary.