

# International Travel Packing List

THE READER'S DIGEST VERSION

## CLOTHES



- Cargo pants
- Leggings
- Jeans
- Casual pants
- Belt
- Shorts (if in warm climates)
- T-shirts (long- and short-sleeve)
- Sweater
- Little black dress that doesn't wrinkle
- Undergarments
- Thermal underwear
- Pajamas
- Well-fitting socks
- Raincoat
- All-weather jacket
- Scarf
- Shawl or pashmina
- Hat or visor
- Gloves (for cold climates)

## SHOES



- Slip-on shoes
- Hiking boots
- Comfy, post-hiking shoes
- Chunky heels
- Flip-flops/shower shoes
- Water shoes
- Sandals (for warm climates)

## MISCELLANEOUS



- Passports and visas
- Driver's license/photo ID
- Vaccination info
- Sewing kit
- Lint roller
- Journal
- Pen
- Binoculars
- Flashlight
- Reading light
- Waterproof day bag or backpack
- Dry bag for cellphone or camera
- Reusable water bottle
- Sunglasses
- Travel documents, including insurance paperwork
- List of emergency contacts, plus contact numbers for credit cards and banks
- First-aid kit (painkillers, antacids, allergy relief, bandages, etc.)
- Small gifts to show appreciation to people you encounter along the way

## TOILETRIES



- Hydrating facial spray and lotion
- Sunscreen
- Contact lenses and solution
- Extra glasses
- EpiPen, if needed
- Vitamins
- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash
- Deodorant
- Feminine-hygiene products
- Birth control
- Brush and comb
- Hairstyling products
- Hair ties and clips
- Razor
- Aftershave/perfume
- Cosmetics
- Lip balm
- Travel-size shampoo and conditioner
- Dr. Bronner's Pure Castile Liquid Soap
- Insect repellent
- Hand sanitizer
- Nail clippers and files
- Tweezers
- Travel-size tissues
- Prescription medications in their original packaging, plus a copy of the prescription

## ELECTRONICS



- Universal travel adapter
- Cellphone
- Headphones or earbuds
- USB hub
- Charging cords
- A power bank (ideally one with a solar panel)
- A water purification device like a Steripen
- Rechargeable hand warmers
- Camera with charger, extra batteries and memory cards